



Southbridge Annual Meeting Held

The Southbridge Community Association Annual Meeting was held on May 26, 2009 at our Clubhouse. Registration began at 6:30PM.

This was the first year for e-voting. It was met with great approval from our homeowners. Quorum was made by our e-votes alone. Over 200 votes were cast. This year saw the most votes out of all of the years of voting. Had we not reached quorum, another meeting would have been scheduled, costing the community additional money.

The Annual Meeting began with the approval of the previous year's meeting minutes. The minutes were approved with corrections.

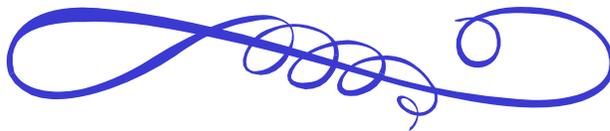
The next order of business was the election of Directors. Four seats on the Board were available. Five people chose to run.

The new slate of Board Members follows:

- Jim Riley—President
- Paul Fucito—Vice President
- Candy Arthur—Secretary
- Doug Thornton—Treasurer
- Mike Mumford—Director
- Cindy Patterson—Director
- Gil Robertson—Director
- Jason Scalzo—Director
- Charlie Young—Director

Congratulations to Jim, Doug, Mike and Cindy for their election to our Board of Directors.

All residents who voted by ballot or proxy were given a raffle ticket. Tickets were drawn for each group. The prizes were \$25 gift cards for local businesses and one winner in each group for one month's paid assessment.



ANNUAL POOL PARTY KICKS OFF THE SUMMER FOR SOUTHBRIDGE

Our Annual Pool Party, once again, was a HUGE success. Skip's BBQ catered with an abundance of hamburgers, hotdogs, chicken, ribs and two kinds of pulled pork BBQ. The music was graciously provided by our own Paul Fucito. Door prizes added to the fun in the way of gift cards from local merchants.

We would like to thank Papa John's of Triangle for donating free pizza coupons. A very special thank you to JoJo's Soft Ice Cream for donating gift certificates and coupons for free ice cream cones to the community. If you did not receive a coupon at the pool party there is a one in the print edition of the newsletter for a free small ice cream cone.



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Contacts

Phenita Hebert, General Manager
(703) 221-7716

Terry McGuire, Sr. Property Manager
(703) 569-5797 x 5012

CMG Accounting Department
(703) 569-5797 x 5021

Resale Document Requests
www.cmgmt.com
Click "Order Resale Documents"
or call

Community Archives
800-995-0682 (press 2)

Community Association Office
office@southbridgeva.us

Board of Directors
bod@southbridgeva.us

Article / Ad Submissions
thestar@southbridgeva.us

Association Web Site
<http://southbridgeva.us>

Management Office Hours

Mon, Tue, Thu, Fri, Sat
9:00 am - 5:30 pm
Wed
11:00 am - 8:00 pm



GENERAL MANAGER'S CORNER

From the Desk of the General Manager...

I have found it helpful to homeowners and residents to include parts of the Governing Documents in the newsletter which pertain to issues which have come up frequently over the last couple of months. This section is included to help everyone comply with the Covenants as they are set forward. The Southbridge Community Association Policy Resolution No. 8, Pet Policies, states, in part,"

Pet owners are responsible for the IMMEDIATE removal and proper disposal of animal waste on all portions of Common Areas. Pet Owners are responsible for any property damage, injury, or disturbances their dog may cause or inflict." The following are grounds for complaint of a community nuisance:



Pets running at large
Pets damaging, soiling or defiling private property (other than that of the pet's owner) or Common

Area.

Pets causing unsanitary, dangerous, or offensive conditions.

Pets making or causing noises of sufficient volume to interfere with other resident's rest or peaceful enjoyment of the property.

Did you know that in Prince William County it is against the law to...

Allow within the County prolonged or intense barking or other harsh or excessive noises to be made by animals and pets under one's ownership, at any time (Section 14-5.1).



Allow your animal to trespass on someone's property after being requested by the owner of the property not to trespass (Section 4-4).

Allow your animal to run at large within the County unless engaged in supervised, formal or science training classes, or show, or during formally sanctioned field trials or while engaged in

lawful hunting during open hunting season (Section 4-23).



Allow your animal to knowingly or willfully urinate or defecate on private property of other persons or on publicly owned property except parts of parks as posted as dog run areas (Section 4-11 & 4-26).

Own a dog four months or older and not obtain a County dog license that your dog is required to wear, and a collar bearing said license (Section 4-46).

Have knowledge of an animal which has bitten someone and not immediately notify the Animal Warden (Section 4-64).

Do you have a complaint? Call animal control at 703 792-6465 or after 5:00 pm, call 703 792-6500. We all must work together to maintain a clean and safe environment for our homeowners.



Phenita Hebert
General Manager



Lisa Stewart
Assistant Manager



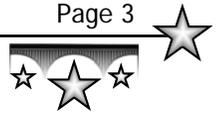
Community Patrol Incident Reports

Below is a list of reports provided by the Community Patrol for incidents to which they responded. The report includes May 1, 2009 through June 30, 2009.

Vehicles ticketed for no parking pass	Vehicles towed
49	4
Vehicles ticketed for expired tags	Home Checks
7	5
Commercial vehicles ticketed	Vandalism
2	5
Domestic dispute	Accident (Assist PWC)
3	1
Suspicious activity	Arrest
9	1



BOARD OF DIRECTORS



E-Voting a Success

Doug Thornton, Treasurer

The Annual Meeting of the Southbridge Community Association was held on May 26, 2009 at the Clubhouse. The main order of business was the election of Directors. This year, aside from the normal three open slots, there was a fourth two year position open due to a resignation from the Board. The results were that Jim Riley, Doug Thornton, and Cindy Patterson were each reelected to three year terms and Mike Mumford was elected to fill the two year opening.

This year the Board authorized the use of E-Voting with outstanding results. The governing documents require that at least 10% of the homeowners attend the annual meeting to meet quorum. The requirement can be met by either actual attendance at the Annual Meeting or by submission of a proxy. This year we needed 154 homeowners to make quorum.

In past years it has always been a struggle to meet the quorum requirement. Last year we barely avoided having to continue the meeting to a second date when we received a few last minute proxy cards. This year with E-Voting alone we received 162 votes/proxies, 71 paper votes/proxies were mailed or dropped off at the Management Office, and 16 votes were collected at the actual meeting.

With results like this E-Voting is certainly here to stay. Remember that we get email addresses from the website registrations, so please keep your email address up to date on your "User Profile". If you are concerned about privacy remember to check the "Hide from Address Book" boxes to prevent the associated information from appearing in the address book.

Those homeowners who haven't registered for the website please do so as this is one of the means that the Association uses to put out information to the community. Simply go to southbridgeva.us and sign up to access the site.

**REGISTER FOR
OUR WEBSITE
TODAY!**
<http://southbridgeva.us>



Board of Directors



Jim Riley
President



Paul Fucito
Vice-President



Candy Arthur
Secretary



Doug Thornton
Treasurer



Mike Mumford
Director



Cindy Patterson
Director



Gil Robertson
Director



Jason Scalzo
Director



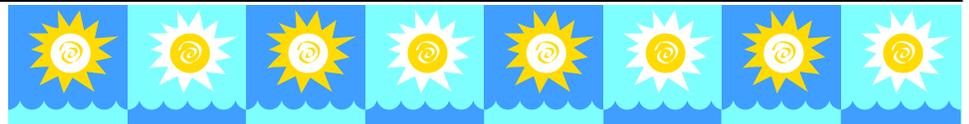
Charles Young
Director

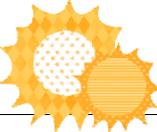




CALENDAR

July 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8 Facilities 7PM	9	10	11
12	13	14	15 Covenants 6PM	16	17	18
19	20	21	22	23	24	25
26	27	28 Board of Directors 7PM	29	30	31	

August 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Activities 7PM GBR 7PM	6	7	8
9	10	11	12 Facilities 7PM	13	14	15
16	17	18	19 Covenants 6PM	20	21	22
23	24	25 Board of Directors 7PM	26	27	28	29
30	31	 				



IMPORTANT NUMBERS



American Disposal Service	703-368-0500
Animal Control	703-792-6465
Report Dead Animals	1-800-367-7623
Area Agency on Aging	703-792-6400
Board of County Supervisors—Dumfries District—Maureen Caddigan	703-792-4645
Capital Protective Services	703-880-6360
Cardinal Management Group	703-569-5797
Columbia Gas	800-543-8911
Comcast Communications—Customer Service	703-730-2225
Cooperative Extension Service	703-792-6285
Dale City Recreation Center	703-670-7111
Dominion Virginia Power	1-888-667-3000
Dumfries Post Office	703-441-8304
Employment Opportunities / Job Line	703-792-4636 ext 332
Fire and Rescue (Non-Emergency)	703-792-6810
Miss Utility	1-800-552-7001
Nowell's Towing Service	703-670-0400
Park Authority	703-792-7060
Police (Non-Emergency)	703-792-6500
Police (Non-Emergency—TTD for the deaf)	703-792-6294
Potomac Festival Urgent Care	703-497-1234
Potomac High School	703-441-4200
Potomac Middle School	703-221-4996
Potomac Hospital	703-670-1313
Potomac Library	703-494-8129
Potomac Mills	703-643-1770
Prince William Boys & Girls Club—Dumfries	703-441-0611
Prince William County Information Line	703-792-6000
Prince William County Public School System	703-791-7200
Prince William County Service Authority (PWCSA)—Water / Sewer	703-335-7900
Prince William County Traffic Fines	703-792-6111
PRTC / OmniLink Local Bus / OmniRide Commuter Bus	703-730-6664
Quantico Marine Corps Public Affairs Office	703-583-0775
Social Services	703-792-4300
Southbridge Community Association—Management Office	703-221-7716
Swans Creek Elementary School	703-445-0930
VDOT—Street Lights	888-667-3000
VDOT—Street Signs	703-792-6666
VDOT—Street Problems	703-366-1900
Verizon—New Service	1-800-483-4000
Verizon—Billing	1-800-483-3000
Verizon—Repair	1-800-483-1000
VRE Commuter Train	703-684-0400
Washington Gas	703-750-1000

Emergency Police, Fire, and Rescue — Dial 911

<http://southbridgeva.us>



SOUTHBRIDGE

<p>Facilities / Grounds</p> <p>Cindy Patterson Chairperson</p> <p>Lori Hicks</p> <p>Corean Reyes</p> <p>Doug Thornton</p> <p><u>Board Liaison</u> Paul Fucito</p> <p><u>Facilities / Grounds E-mail</u> facilities@southbridgeva.us</p> <p>The Committee meets the 2nd Wednesday of each month at 7:00 PM at the Swim & Racquet Club.</p>	<p>Covenants</p> <p>Athena Hackett Chairperson</p> <p>Jennifer Dorn</p> <p>Martha Henderson</p> <p>Mark Sayko</p> <p>Stacey Thornton</p> <p><u>Board Liaison</u> Mike Mumford</p> <p><u>Covenants E-mail</u> covenants@southbridgeva.us</p> <p>The Committee meets the 3rd Wednesday of each month at 6:00 PM at the Swim & Racquet Club.</p>	<p>Government & Business Relations</p> <p>James Parise Chairperson</p> <p>Tracy Gordon</p> <p>Gil Robertson</p> <p><u>Board Liaison</u> Cindy Patterson</p> <p><u>Government & Business Relations Committee E-mail</u> gbr@southbridgeva.us</p> <p>The Committee meets once per quarter at the Swim & Racquet Club. The next meeting will be held at 7PM on August 5, 2009.</p>
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HOME PARTY SHOW

Our Home Party Show in March 2009 was a huge success. Many didn't realize what type of show it was. Our home party show is meant to showcase our vendors of Southbridge. If you have a home based business this show is for you. You don't have to go somewhere to have a "party". We will provide the venue for you. We will provide a table and 2 chairs for you to set up your product. We can accommodate approximately 12 vendors per show. This is on a first come, first served basis. We allow one vendor per company.

We have had direct marketing types of vendors (e.g Tupperware, Tastefully Simple, Avon, Mary Kay and the like). If you would like to showcase your family oriented, home based business on November 7, 2009 from 11:00 AM until 2:00 PM please email activities@southbridgeva.us or contact our Management Office at 703-221-7716. Please supply your name, address, telephone number and an email address. Vendors MUST be residents of Southbridge.

**WE NEED VOLUNTEERS
FOR OUR COMMITTEES.**

**WON'T YOU DONATE SOME OF YOUR
TIME TO YOUR COMMUNITY?**

COME BE A PART OF THE FUN!!!

SOUTHBRIDGE



Teen Activities

The Teen Activities Committee is inactive due to a lack of volunteers and teens.

If you would like to assist the teens of Southbridge to run this committee please email the Board of Directors at bod@southbridgeva.us or contact our Management Office at 703-221-7716.

Communications

Stacey Thornton
Chairperson

Vicky Chandler-Smith

Cindy Patterson

Board Liaison

Jim Riley

Communications E-mail

communications@southbridgeva.us

The Committee meets as needed at the Swim & Racquet Club.

Activities

Vacant position
Chairperson

Vicky Chandler-Smith

Lori Hicks

Chrissy Letsen

LaFay Russell

Kathy Thompson

Stacey Thornton

Board Liaisons

Candy Arthur / Jason Scalzo

Activities Committee E-mail

activities@southbridgeva.us

The Committee meets the 1st Wednesday of each month at 7:00 PM at the Swim & Racquet Club.



Activities Committee News 2009 Activities Event Calendar

September 12	Fall Yard Sale
October 10	Fall Fest
October 11	Rain Date for Fall Fest
November 7	Home Party Show
December 1 - 9	Holiday Decorating Contest
December 12	Meet Santa



We hope everyone will mark their calendar and come and join in the events for 2009. Details for each event will be in upcoming newsletters and on the website. We invite all residents to come and be part of the fun in the coming year.

The Activities Committee meets the first Wednesday of each month at 7pm in the Clubhouse. We are always in need of volunteers.

Advertisements placed in this newsletter should not be considered endorsement by this community, its association, nor its representatives.





POOL PARTY



A HUGE THANK YOU TO:

- Candy Arthur
- Paul Fucito
- Jim Riley
- Doug Thornton
- Tahsin Anwar
- Jessica Arthur
- Samantha Arthur
- Steven Arthur
- Tim Arthur
- Vicky Chandler-Smith
- LaVeta Evans
- Betty Grayson
- Johanna Grove
- Lydia Hargroder
- Lori Hicks
- Angela Jones
- Nizihti Jones
- Chrissy Letsen
- Julia Riley
- LaFay Russell
- Brianna Smith
- Emily Stewart
- Alex Stewart
- Kathy Thompson
- Stacey Thornton



Without these volunteers our Annual Pool Party would not be the success it is!

The Activities Committee would also like to thank our Management Office staff, Phenita, Lisa and Mike. Their tireless efforts are always appreciated.





POOL PARTY





SOUTHBRIDGE

IT'S ALL HAPPENING FREE IN 2009 AT THE PLAZA

Amateur Radio Field Day
July 25, 7 p.m.

National Night Out Kick Off Event
Aug. 1, 1:30 p.m. - 5:30 p.m.

Old Bridge Orchestra
Aug. 15, 7 p.m.
U.S. Army Jazz Band
Aug 26, 7 p.m.

NOVA Manassas Symphony Orchestra
Aug. 29, 7 p.m.

Prince William SPCA Adopt-a-thon
Oct. 17, 2009



The Sean T. Connaughton Community Plaza is located off the Prince William Parkway at the County complex between the James J. McCoart Administration Building and the Development Services Building.

Check for more fun happenings on the Plaza at <http://www.pwcgov.org/plaza> or call 703-792-8070. Bring a blanket or a lawn chair and enjoy the show. Picnics are welcome!



Route 234 @ Route 1 Commuter Lot Construction

Construction will begin in mid June to expand the Route 234 @ Route 1 commuter lot in an effort to address the increasing demand for parking. These improvements will almost double the size of the existing parking lot. Recently, the PWC Police Department has withheld enforcement of violations for parking outside of the designated areas due to high demand in the lot. However, enforcement will resume during the construction phase in order to allow necessary access. Vehicles not parked in a marked designated space will be ticketed and possibly towed.

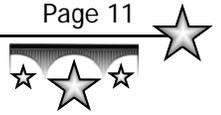
This enforcement will begin on June 9th and will continue during construction and thereafter. As part of phase 1 of the expansion project, the contractor will be placing barricades which will restrict parking to designated spaces only. It is important that you plan accordingly for this reduction in available parking areas. Additional commuter lot locations and a map are located on the reverse side of this notice.

This construction is due to be completed in the fall. Your patience and cooperation during this time is greatly appreciated. For any police related questions please contact Captain Tim Rudy at 703-792-7203.

The above is taken from a memo from the Prince William County Police Department.



SOUTHBRIDGE



Computer Corner

by
Jason Scalzo, Director
Southbridge Community Association

Netbooks, Changing the Computer Industry

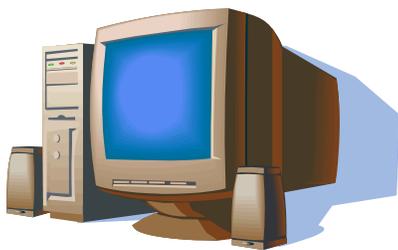
In the consumer electronic market, people want everything faster, less expensive, and portable. In 2001, the Apple iPod changed how consumers would manage and listen to their favorite songs forever. In 2009, the computer industry is changing in a major way with a slimmer notebook (laptop) called a netbook. Although they don't have the same computing power of a traditional notebook, you can purchase one at the fraction of the price. The price of the average netbook is around \$400 dollars, which is about 50% less expensive from most notebooks in today's market.



The vendors that are leading the way are ACER, ASUS, Samsung, HP, and Dell. The vendors are using the new Intel Atom N270 processor (brains of the computer) with 1GigaByte of memory, 160GigaBytes of Hard Drive storage, and 10.1 inch screens. They also offer Bluetooth, wireless, and network capability to access the internet. Some of the vendors like HP, ASUS, and Samsung are offering built-in web cameras that can be used to video conference family and friends. The majority of netbooks don't have a lot of options to upgrade the components and do run slower than your traditional notebooks. Due to their small size (less than 3lbs on average), they come with a shorter battery life than a traditional notebook. Furthermore, vendors are only providing a 1 year warranty for their netbooks; compared to a 3 year warranty that is offered with a traditional notebook.



Although netbooks offer some disadvantages to a traditional notebook, they have made a key impact in the computer industry. If you are looking for a lightweight travel computer or inexpensive laptop I encourage you to consider a netbook.



Please Be a Responsible Pet Owner

Remember to keep your pets on a leash and PLEASE clean up after them, especially in common areas and in neighbors' yards. This is becoming a constant and serious situation. Anyone seeing residents not cleaning up after their pets, please notify the Association. Residents not cleaning up after their pets will be fined to the highest extent according to the Southbridge Declaration and reported to the Health Department.

Also, try not to leave your pets outdoors for extended periods of time. The cold or hot weather is dangerous to them and their barking can disturb the neighborhood.





SOUTHBRIDGE

Realtors Say Anything To Get Your Business

I Let My Clients Do My Talking

"If you want someone to fight for what you want, Joe is the man to be on your side." **J. Burgoa**

"With the down turn in the market we anticipated a significant loss. With Mr. Sorce's drive and initiative we were one of the very few, if any, in area that received higher than our asking price."
Mr. & Mrs. D. Sprouse

"His Sales Strategy brought in \$10,000 MORE than we thought possible." **Mr. & Mrs. B. Gillette**

"Calling Joe was the best house buying decision we made. He rescued our dream of home ownership."
Joshua and Carol Mimano

"Thank you so much for all of your hard work with helping us find the perfect home. May you continue to be a blessing to those you come in contact with." **Rick and Lattoyia Carter**

"I have bought & Sold four homes. Joe is by far the best Realtor I have dealt with." **Mr. B. Buckles**

"After seeing how other Agents represented their Clients, one comes to appreciate someone as diligent as Joe. It was a pleasure throughout the entire process & I have Joe to thank." **Mr. M. Brooks**

"Heads above other Realtors we considered! We came out far ahead of another Realtors recommendation due to Joe's savvy. Took great care to address all our concerns." **Mr. & Mrs. Mitchell**

"We have had the opportunity to deal with a lot of Real Estate Agents & Joe is the tops....went the extra mile for us & left no stone unturned. Highly recommend him to anyone!" **Mr. & Mrs. J. Lawrence**

"Among the first to sell in our neighborhood (Southbridge) during a tough market." **Mr. & Mrs. McHenry**



"The Sorce of All Your Real Estate Needs"



- ◆ Experienced Southbridge Realtor since 2003
- ◆ PWAR Top Producer in Home Sales
- ◆ CBRB President's Club for *Superior Client Service*
- ◆ Member of Business "Who's Who"

Buy, Sell or Moving out of State...I'm Your Sorce!



RESIDENTIAL BROKERAGE

14140 Minnieville Rd.
Woodbridge, VA 22193

JOE SORCE, Realtor

Area Resident

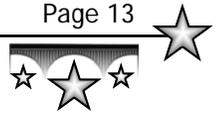
703-209-5846 cell

703-583-7068 24 hr. voice mail

**Visit my Website for Area Home Market Updates
and Energy Saving Tips! www.Sorceofvahomes.com**



SOUTHBRIDGE



CHRISTINE & DAVID LUCKENBAUGH

The Luckenbaugh Group, LLC

Visit us at: www.Christinesold.com
to view all properties currently for sale and
find more information on us!

(703) 680-2631

**#1 AGENTS IN THE ENTIRE
COMPANY!**



PROPERTIES THAT WE HAVE RECENTLY SOLD

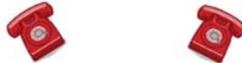
- 2901 Barrley Drive \$326,000
- 4903 Tallowood Drive \$225,000
- 15570 Catamaran \$295,000
- 5632 Eppes Island \$399,900
- 4746 Shadow Woods \$258,500
- 15390 Autumn Lane \$350,000
- 5888 Fincastle Drive \$435,000
- 3609 Serendipity Road \$374,900
- 15540 Barrington Drive \$385,000
- 4106 Ashmere Loop \$136,000
- 16150 Taconic Circle \$135,700
- 11149 Wortham Crest \$215,000
- 5143 Lands End \$170,000
- 14503 Aurora \$169,900
- 14336 Rehfield Court \$185,000

**LET US ADD YOUR ADDRESS TO THE LIST
TODAY – WE LOOK FORWARD TO
HEARING FROM YOU!**



Mike Nies
Owner
703-590-3187

Call For A Free Estimate



Picture Perfect Home Improvements

Interior & Exterior Painting • Drywall Repairs
Carpentry Work • Tile • Power Washing
Finishing Basements • Bathrooms • Kitchens
Handyman Service Available



Free Estimate
Licensed • Bonded • Insured
michael@pphonline.com
www.pphonline.com



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Fax 703.941.2239
Cell: 703.929.5102
rwayland@windowspls.com





SOUTHBRIDGE

Tennis, Sport & Fun Camp

at Southbridge Community

Join us this summer with a tennis-centered sport & fun camp for ages 5-17

10 weeks of fun from June 22 through Aug. 24
\$190/week full day, \$105/week half day
Monday-Friday 9:00-4:00

For inquiries and information

(703) 608-5799

Ramon@BernalTennis.com Rebecca@BernalTennis.com

**BEST TENNIS LESSONS IN TOWN!
Guaranteed Fun!**

Registration

Please specify which weeks you are registering your child for:

• _____
• _____
• _____
• _____

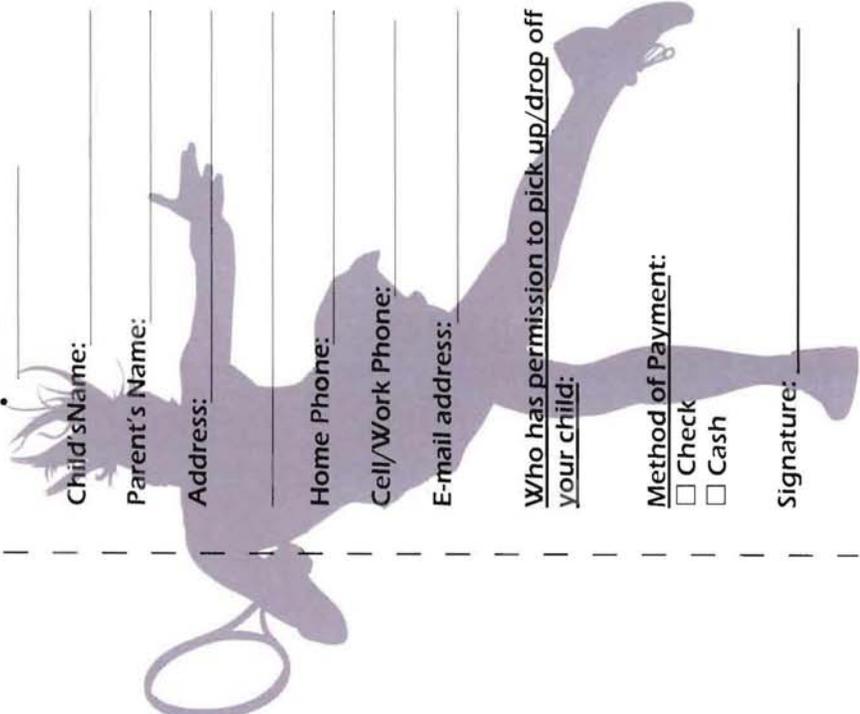
Child's Name: _____
Parent's Name: _____
Address: _____
Home Phone: _____
Cell/Work Phone: _____
E-mail address: _____

Who has permission to pick up/drop off your child: _____

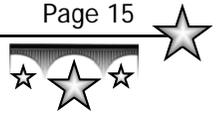
Method of Payment:

Check
 Cash

Signature: _____



SOUTHBRIDGE



SOUTHBRIDGE COMMUNITY ASSOCIATION

2009 POOL PASS APPLICATION

OWNER NAME:	
ADDRESS:	
HOME PHONE:	WORK PHONE:
EMAIL ADDRESS:	

Listing an email address is not a requirement for a pool pass.
 Email address will only be used by the HOA to notify homeowners of community events and will never be given or sold to a third party.

Names of Persons Occupying Residence	Date of Birth

In Case of An Emergency Contact:

NAME	PHONE NUMBER
NAME	PHONE NUMBER

IN CONSIDERATION OF USING THE SOUTHBRIDGE COMMUNITY ASSOCIATION POOL, THE MEMBERSHIP HOLDER(S) AGREE(S) TO ABIDE BY THE ASSOCIATION RULES AND REGULATIONS REGARDING THE FACILITIES.

Signature

Date

-For Office Use Only-

Processor: _____ Date Processed: _____ Guest Pass: _____ Owner Verification _____





SOUTHBRIDGE

Bringing Nature Home

by Douglas Tallamy,
excerpt by Cindy Patterson

In an effort to create gardens free of insect problems, most gardeners have used a recipe perfect for cooking up insect outbreaks; alien plants, lack of plant diversity, and insecticides. Would we not better achieve our goal of a pest-free garden if we employed nature herself to look after things? We have spent the last half century proving beyond the shadow of a doubt that a sterile garden does not work. The ornamental alien plant enterprise requires more time and money than most of us would like, or are able, to devote or spend. Just walk into the woods, look around, 10 % of the leaves have been lost to insects, can you tell? No. The forest is in balance, nothing has been defoliated. We need to recreate a suburban ecosystem that is complex enough to keep itself going without micromanagement on our part. Gardeners don't have a zero tolerance for foliage damage. They see 10% missing before they think to do anything.

In a healthy garden, all insects are in balance, insect herbivores and the insects that eat them.

The self sustaining balance we seek in garden communities is only achieved through complexity. Sarah Stein, renowned for her foresight regarding the role gardens will have to play in future conservation efforts, recognized this years ago. "Simpler is synonymous to impoverished. Unless we establish a food web with many levels and much redundancy, just as we would find in nature, the system is likely to falter. By redundancy I mean that each trophic level should be represented by several species that do pretty much the same thing. In that way, if one species is lost from the food web, the web will not collapse, because another species is there to perform its job. The only way to build redundancy into a garden community is to start with the first trophic level, the plants. Redundancy in plants creates redundancy in the community of organisms that rely on plants for their living. This is why the monocultures we see in agricultural plantings are so notoriously unstable. Planting only one type of crop typically favors only a few types of insect herbivores-not enough to support a diverse, redundant community of predators and parasites. Under these oversimplified conditions, herbivorous insect populations typically escape the control of their natural enemies and explode. This is good for the pesticide industry but little else."

A study by Paula Shrewsbury and Mike Raupp at the University of Maryland provides a great example of how increasing the diversity of the suburban landscapes can keep pest populations in check without the use of pesticides. Examining populations of the azalea lace bug, Shrewsbury and Raupp (2006) determined that landscapes built with many plant species that varied in size and shape (that is, landscapes with high species and structural diversity) had populations 100 times smaller than those supported by simple landscapes built from a few plant species with little structural diversity. The reason? Complex habitats contain more natural enemies of the azalea lace bug than simple habitats.

Since we don't usually witness acts of predation, it is easy to underestimate the importance of healthy and diverse communities of predators in keeping ecosystems in balance. My wife and I experienced such a world the year we moved into our new house. The land around the house was raw from the recent construction and grading and, between the large bare spots, supported little more than mustard and ragweed. The most notable wildlife we had near our home that summer was house flies-many millions of them, it seemed. They buzzed inside and out all day long, sunned themselves on our walls, and turned every meal into a tennis match with the fly swatter. The flies came from our neighbor to the south, who maintains a large horse barn. Flies beget flies from the last spring frost to the first hard freeze in the fall, and that year lots of them took refuge in our house.

(continued on next page)



SOUTHBRIDGE



The following year, though, we were surprised but delighted to find only the occasional fly in our house, and today, I have to search hard to find one. Where have the flies gone? Our neighbor's barn still churns them out by the millions, but now, almost all are eaten by predators whose populations have caught up with them. Many flies are picked off in flight before they reach our house by the tree swallows that nest in our bluebird boxes. Others are eaten by spider and insect predators that are now numerous enough to do the job. One predator, in particular, that I have seen pouncing on our flies is a species of salticid jumping spider. These small but powerful spiders have learned that our outside windows are great hunting grounds for flies. As soon as a fly lands, a spider stalks it. When it gets within five inches, the spider makes a mighty leap and almost always lands right on the fly. Because our gardens and trees have grown since that first summer, the salticids now have plenty of places to hide and lay their eggs. They can get through the winter without dessicating-the biggest cause of winter death among arthropods-because our plants and leaf litter provide lots of moist overwintering sites. What has probably made the biggest difference, though, is that our diverse plantings support lots of alternative food sources for the spiders, so when they cannot find enough flies to eat, they do not starve. Some people might cringe at this method of fly control, but for us, it is a good solution to an irritating problem, an we didn't have to spend a dime on traditional pest control.

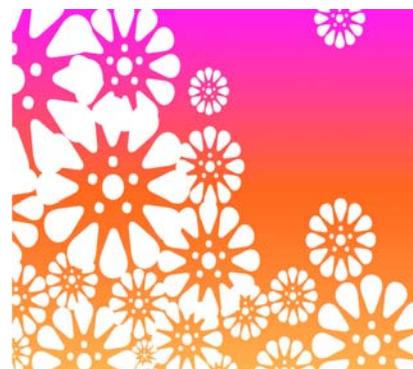
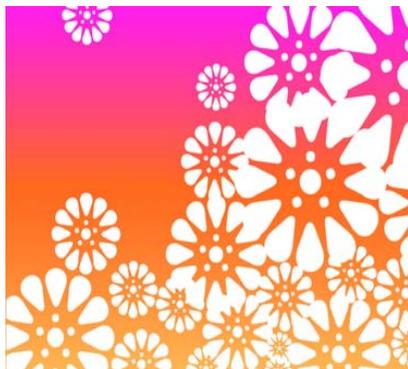
Ornamental alien plants in our gardens are so nutritionally unavailable to the butterflies and birds of the garden community we seek to establish, they might as well not be there at all. If you have 15 species of plants in your garden, and 13 of them are aliens that are toxic to insect herbivores, you have, in effect, a garden based on only 2 plant species. Too simple. And there's more bad news. The alien exotics that were sold to you because they were 'pest free' often are anything but. It's true that they do not support insects that evolved in North America, but too many times a specialist or generalist from the alien's homeland has made the journey along with the plant and is now an established problem here. As we've seen, we can thank the ornamental plant industry for importing a great many of our worst insect pests.

Japanese beetles, as we have learned, were accidentally introduced with Asian nursery stock in the early decades of the 20th century. Japanese beetles develop on grass roots, and we have certainly given them what they want! Although there are native insects that eat Japanese beetles, our giant lawns are typically composed of one or two alien grass species only inches high, as simplified in structure and diversity as possible. More redundancy in plant species there, and consequently no redundancy in the community of natural enemies that can survive in lawn-based habitats. The occasional predator that flies in from the wood lot down the street has no hope of controlling the millions of Japanese beetles being produced in our neighborhood lawns each year. The balance required to control Japanese beetles will be achieved only through well-designed landscapes founded on the diverse array of native plants. In the meantime, it's back to the insecticide to keep our 'pest free' ornamentals from being defoliated.

In a healthy garden, all insects are in balance, insect herbivores and the insects that eat them.

Somehow along the way we have come to expect perfection in our gardens: the plastic quality of artificial flowers is now seen as normal and healthy. It is neither. Instead, it is a clear sign of a garden so contrived that it is no longer a living community. It is so unbalanced that any life, other than the desired plants is viewed as an enemy and quickly eliminated. Today's gardeners are so concerned about the health of their plants that they run for the spray can at the first sign of an insect. Ironically, a sterile garden is teetering on the brink of destruction. It can no longer function as a dynamic community of interacting organisms, sustaining our birds and butterflies. It has no checks and balances. The sterile garden's continued existence depends entirely on the frantic efforts of the gardener alone.

(continued on next page)





SOUTHBRIDGE

Late summer I noticed that some shoots on our tomato plants had been chewed off. Closer inspection revealed, hiding amid the leaves, a large tobacco hornworm, the larval form of the sphinx moth, which specialized on solanaceous plants. I could have picked it off the plant, but I'm glad I didn't; this particular larva was playing an important part in the interaction between the herbivores in our garden and their natural enemies. The larva was actually keeping the garden in balance. Lining the backside of the hornworm were three rows of fuzzy white cocoons, each containing the pupa of a wasp. Not only were our tomatoes already saved from further damage from this hornworm, but had I removed the hornworm from the garden at that point I would have removed about 30 natural enemies of any other hornworms that may have been in the garden. We had balance. The tomatoes, even though a little damaged, still produced plenty of fruit with no insecticidal input. The wasp didn't eliminate all the hornworms, just kept them in balance and kept a few for their own needs.

We only know about 1% of the insect population: flies, roaches, wasps or crop devouring caterpillars. Our nearly universal animosity toward insects is understandable, but may seriously be misplaced.

The other 99% of the insect species pollinate plants, return the nutrients tied up in dead plants and animals to the soil, keep populations of insect herbivores in check, aerate and enrich the soil, and provide food either directly or indirectly for birds. John Losey and Mace Vaughan (2006) have valued the ecosystem services provided by insects at \$57 billion each year. As E O Wilson (1987) has pointed out, insects have done fine on this earth without humans and would continue to do so in our absence. If insects were to disappear, however, our own extinction would not be far behind. It may be hard to admit, but we need healthy insect populations to ensure our own survival.

When you see a monarch laying one egg on one milkweed plant (she wants the milkweed plant to live next year also), do you know that its offspring will fly south to the Gulf Coast, the west to Mexico, then south again to the one mountain range where they can survive the winter (Brower 1995)? Are you sure that the butterfly at your Joe-Pye weed is, in fact, a monarch; or is it a viceroy butterfly with nearly identical color patterns? Can you believe that the closest relative of the viceroy is not the monarch but the red-spotted purple, that looks nothing like the viceroy?

The tiny lace bug near its eggs on a horse nettle leaf will stand guard until the hatchlings become adults. The most common way gardeners can connect with butterflies and birds is by planting food and nesting plants for them.

The most popular plant is the butterfly bush. It supplies nectar but is not native and not all butterflies like the nectar. It is also not a host plant for the babies. We need butterfly weed and many more natives that are both host plants and nectar producers. By gradually placing natives in your garden, researching the butterfly and bird habitats needed for your favorite wildlife, you too can have a care free, money saving garden to be proud of. The benefits of native plants are numerous. They are just as handsome as the ornamentals, they just aren't as profitable to the plant industry that sells them. Ask for them by their latin name. Even though, native plants have been here before Captain John Smith, our garden supply companies do not know the difference between native and alien. It's up to us to ask for the natives and bring back the complexity of nature that will sustain our birds and butterflies for our children and grandchildren.

Happy gardening to you all.

It's Naturific!

Saturday, August 1, 2009

10am - 11:30am

Alien Invaders

Come discover what aliens are lurking in Virginia's habitats. Park Rangers will help visitors explore forests, ponds, and wetlands to investigate these alien invaders. Occoquan Bay NWR



Saturday, August 8, 2009

8:10am meet time

Bird walk w/Lake Ridge Wild Bird Center

Join the Lake Ridge Wild Bird Center for monthly birdwalks at the Occoquan Bay Refuge (every 2nd Saturday of every month). No experience is necessary! Be prepared for the weather conditions and to walk for an hour and a half. Meet at the store (12555 Dillingham Square) between 7:45 and 8am, or in the Refuge parking lot at 8:10am.

Visit the Lake Ridge Wild Bird Center website at <http://wildbird.com/stores/wdb/birdwalks> Occoquan Bay NWR parking lot

Continued at the top of the next page





It's Naturific!

Merrimac Farm Stone House

Opening Schedule

When:

Friday & Saturday, 9:00 am - 3:00 pm

Sunday, 1:00 - 4:00 p.m.

Where: Merrimac Farm, 15020 Deepwood Lane, Nokesville

When you visit Merrimac Farm, please stop by the Stone House to:

- Learn more about the types of habitats and which trails go where;
- Find out what wildlife we've been seeing;
- Share your wildlife sightings;
- Read the schedule of wildlife and wildflower tours;
- Learn more about volunteer opportunities.

For more information, call PWCA at 703-499-4954 or email alliance@pwconserve.org

Saturday, September 12, 2009

10am - 11:30am

Monarch Mania

Come witness the spectacular monarch butterfly as it travels through Virginia on its journey south to Mexico. Discover how vital plant species that inhabit the Refuge are to this species continued survival. A scientist that tags and collects data on monarchs will be available to answer questions about this amazing species. Occoquan Bay NWR



Skin Cancer - Fastest Growing Cancer in the U.S.

One in five Americans will develop skin cancer in their lifetime. This is a serious problem in the U.S, according to the Sun Safety Alliance (SSA) (www.sun-safetyalliance.org), a nonprofit coalition whose goal is to raise awareness and reduce the incidence of skin cancer in America. Skin cancer is the most common form of cancer and the fastest growing cancer in the U.S. -- exceeding breast, prostate, lung and colon cancer combined.

One person, approximately every hour (62 minutes), dies from melanoma, the least common of skin cancers, yet the most fatal. Melanoma is caused by exposure to the sun's ultraviolet light and artificial sources of light in tanning beds. According to the Center for Disease Control (CDC) (www.cdc.gov), UV radiation is the strongest during summer months but exposure to UV rays can also occur from reflections off of surfaces like water, cement, sand, and snow.

The higher the UV Index level, the greater the strength of the sun's UV rays and the faster you can burn! When the UV index is very low, 0-2, sunburn can occur in an hour/60 minutes. When the UV index is very high, 10+, sunburn can occur in 10 minutes or less. To protect against the sun's harmful rays:

Cover up

Wear clothing to protect the skin

Wear a wide brim cap/hat

To shade the face, head, ears, and neck

Apply sunscreen that protects against UVA and UVB rays

Use sunblock SPF 15 or higher during the first 18 years of life (can lower the risk of certain types of skin cancer by up to 78%)

Adults - SPF 15 or higher

Children - SPF 30 or higher

Apply sunscreen every two hours and after swimming, perspiring, or toweling off

Wear UVA and UVB protective sunglasses

Protects eyes from developing cataracts and other eye diseases

Seek shade at peak sun hours (10 a.m. - 4 p.m.)

"Sun Safety Week begins June 1 - 7 states Battalion Chief Jennie Collins with Emergency Medical Services Operations, a section in the Prince William County Department of Fire and Rescue (www.pwcgov.org/fire). EMS in conjunction with health and safety organizations across the U.S. urges families to practice sun safety while enjoying outdoor activities throughout the year. Wear sunscreen even on overcast days when the sun can cause sun burn and potentially could turn into sun poisoning causing fever, nausea, vomiting, fatigue, dizziness, chills and a red skin rash. Be sure to pay careful attention to seniors and children who are most vulnerable to sun poisoning and its symptoms which can cause life-threatening effects."

From Prince William Fire and Rescue





SOUTHBRIDGE

Newsletter Contests and Quizzes

All residents of Southbridge on the Potomac are eligible to win any quiz or contest in our newsletter. Please email your responses to thestar@southbridgeva.us or drop off your responses at our Management Office no later than the close of business January 26, 2009 for a drawing of entries with the correct answers on January 27, 2009 at our monthly Board of Directors meeting.

DISCLAIMER

- ◆ Board of Directors and their families are not eligible for this contest.
- ◆ Communications Committee members and any others proofreading the newsletter and their families are not eligible for this contest.
- ◆ Those entering must be residents of Southbridge on the Potomac.
- ◆ Winners must show proof of residence in Southbridge on the Potomac.



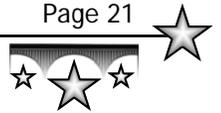
Prince William County Enacts Alarm Ordinance

From the Prince William County web page <http://www.pwccgov.org/apps/CryWolf/default.asp>

Local Law Enforcement personnel respond to thousands of alarm calls each year, over 99% of them being false alarms. These unnecessary responses resulted in an enormous burden in manpower and costs to the citizens. Every year hundreds of thousands of dollars are expended responding to false alarm calls; which in turn reduces the time available to respond to real emergencies. In order to help reduce the false alarm burden, Prince William County has enacted legislation designed to reduce the false alarm problem.

Prince William County Police Department urges that all security alarm systems be registered as soon as possible.





WANTED

The Southbridge Board of Directors is offering a



\$250



reward for information leading to the arrest and conviction of the person or persons responsible for all "GIA" tagging within the Southbridge boundaries.

If you have any information please contact the Southbridge Management Office at (703) 221-7716.





SOUTHBRIDGE

Cleaning of Siding • Cement • Fences • Patios

Renewed for Years of Enjoyment

Floor Sanded & Safe

Protected Trees & Shrubs

Ready for Relaxation with Family & Friends

Serving our community since 1994

Free Estimates

Benjamin Moore Stain Beautiful & Enduring

Satisfied Customers!

25% off Deck Cleaning with purchase of Deck Stain

35% off Deck Sanding Treatment

\$25 off your bill

ELITE

703.583.9274

www.WashMyDeck.com

**School Calendar
2009-2010**
September 2009
September 8 School Begins

Prince William County
Non-Emergency
Telephone Number
703-792-6500

Capital Protective Services
703-880-6360

Call 9-1-1
ONLY
for an Emergency

RENTING THE CLUBHOUSE

The Clubhouse is available for rent to Southbridge residents. Anyone interested in renting the Clubhouse should contact our Management Office at (703) 221-7716 or e-mail: office@southbridgeva.us

A package containing all the information on renting the center such as rules, rental procedures, fees, and an application can be picked up at the Management Office.

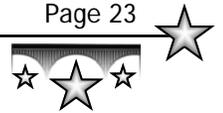


Tennis Court Information

Tennis court keys are available at the Southbridge Swim & Racquet Club office for a one-time cost of \$10.00. The application forms are available at the office and a copy of the completed form will be made part of your unit file. A copy of the Southbridge Community Association Policy Resolution No. 11 that addresses the Tennis Court Use is also available. If more info is needed, please refer to the Facilities section of the Southbridge website at www.southbridgeva.us.







Travel Tips

Let's Share Travel Insight: Travel Smart

This article will come to you in each issue of The Star. It strictly serves the purpose of educating the traveler, as well as keeping the traveler up-to-date with current travel concerns. This article will also contain travel tips, recommendations from the editor's personal experiences on places to visit, local and abroad. If you are a traveler and have information to share, or questions send them to, communications@southbridgeva.us. We will try our best to address your questions in the next issue.



Planning a Road Trip

Here are a few sites to help you with your road trip travel expenses. These sites will give you heads up on what you can expect to pay for gas along the way, as well as restaurants and hotel stay.

<http://www.fuelcostcalculator.com>

<http://www.freetrip.com/>



Did you know?

Carnival cruise lines now have a seven day cruise from Baltimore. That's right a great get-away, literally from your backyard. This ship, the Pride will be departing Baltimore year round. The itinerary is Eastern Caribbean and Bahamas.

And for those of you who have never cruised before and would rather tackle a short weekend excursion. Carnival offers a 2 day cruise to nowhere; days vary throughout the year, departing from Newport News, Virginia.

And let's not forget departures from New York, a short drive away. New York offers an array of departures, cruise lines and itineraries, but if your looking for a short excursion, Norwegian Cruise Lines offers a 1 day cruise, again days vary throughout the year. So start planning your 2010 Spring Break, Class of 2010 Graduation party aboard a fun destination cruise. Did I forget the Fellows retreat, Girl friends getaway? Just do it, you will be glad you did, with many memories to cherish.

See ya sailing the high seas!





SOUTHBRIDGE



Southbridge residents introductory Membership rates!!!

- ½ Price Greens Fees Until 9/1/09
- 20% off Annual Membership
- Membership Rate locked in for 3 years

Membership Includes:

- All Green fees, Cart fees and Range Fees
- 14 Day Advance Tee Times (General Public - 8 days)
- 15% Discount on all Pro Shop (except sale items and clubs)
- Complimentary Club fitting and video swing analysis by RGA
- Participation in Member Tournaments and other VIP Events
- Free USGA Handicaps available
- Reciprocal Privileges at Raspberry Falls (\$10 Cart Fee Applies)
- Reduced rate at Cannon Ridge

Limited Memberships available. All tee times, memberships and information requests should go through
 Tim Lee at (703)447-4400 timlee@golfoldhickory.com

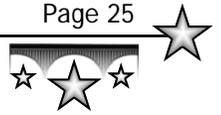
This offer cannot be combined with any other offers. Tee times in blocks of two or more.
 Membership must be purchased by 9/1/09.



*Old Hickory is more than just a
 Premier Upscale Golf Experience
 We also specialize in Wedding
 Receptions, Social/Corporate
 Functions, and Group/Private Lessons*

**We invite you to visit www.golfoldhickory.com
 11921 Chanceford Dr., Woodbridge, VA 22192**





Needle in the Haystack

We have hidden a photo of a sewing needle in this issue of The Southbridge Star. The newsletter is your "haystack". The needle will only be in the printed version of our newsletter. Watch your mailbox for your copy.

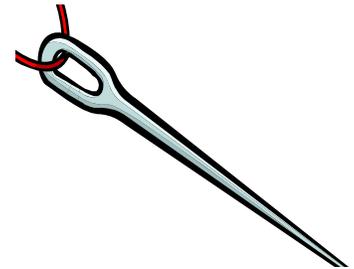
Find the needle and email the location to thestar@southbridgeva.us no later than the close of business Monday, July 27, 2009. Those emails with the correct answer will be placed into a bucket and a winner pulled on Tuesday, July 28, 2009 at our Board of Directors Meeting. The winner will be given a gift card to a local business. The winner will be notified by email or telephone and given 30 days to pick up their prize. In lieu of email, you may send your guess or drop it off at our Management Office with your name, address, and telephone number and mark the outside of the envelope "Needle in the Haystack"

Good luck to all.

DISCLAIMER

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- ◆ Communications Committee members and any others proofreading the newsletter and their families are not eligible for this contest.
- ◆ Those entering must be residents of Southbridge on the Potomac.
- ◆ Winners must show proof of residence in Southbridge on the Potomac.

**Congratulations to the winner of our last
Needle in the Haystack Contest
Donald Hannah**



Basketball Goals Require Covenants Approval

All basketball goals must be approved by the Covenants Committee in order to be in compliance. If you have a basketball goal and have not completed an application, please do as soon as possible. The Design Review for Basketball Application can be picked up at the association office or found on the Southbridge website at <http://southbridgeva.us>.



If you have any questions or need additional information, feel free to contact the office at (703) 221-7716.

**DISCLAIMER FOR ALL
ARTICLES AND
SUBMISSIONS TO
THE SOUTHBRIDGE
STAR**

All articles and submissions to *The Southbridge Star* are subject to the Southbridge Communications Committee review and editing. No articles or submissions are guaranteed to be printed.



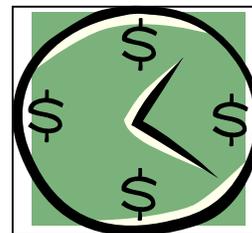
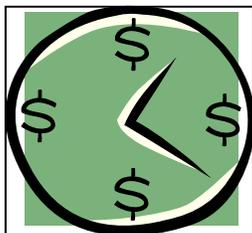
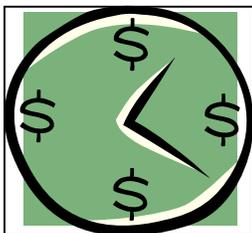


SOUTHBRIDGE

Want To Pay Your HOA Fees By Direct Debit From Your Bank To Southbridge Community Association?

Here's How:

- 1) Complete the form below.
- 2) Detach it from the newsletter.
- 3) Mail it to: **Cardinal Management Group**
4330 Prince William Parkway
Suite 201
Woodbridge, VA 22192



AGREEMENT FOR PRE-AUTHORIZED PAYMENTS

Community Name Southbridge Community Association

I hereby authorize Southbridge Community Association, ("Community") and Cardinal Management Group, Inc., to initiate debit entries in the amount of my Association assessment from my account indicated below. I also authorize the Financial Institution named below to debit same to such account.

Financial Institution Name _____ Branch _____

City _____ State _____ Zip _____

Transit/ABA No. _____ Account No. _____

This authority is to remain in full force and effect until the Community and the Financial Institution have received written notification from me of its termination in such time and manner as to afford the Community and the Financial Institution a reasonable opportunity to act upon the request. I further understand that payments will be deducted from my account between the first and tenth of each month in which the assessment is due, and should my payment be returned for any reason, I understand that I can be terminated from the program and I will be charged a \$25.00 administrative fee. **A VOIDED CHECK (NOT DEPOSIT SLIP) MUST BE ATTACHED. Return this form to: Cardinal Management Group, Inc., 4330 Prince William Parkway, Suite 201, Woodbridge, VA 22192.**

IMPORTANT NOTE: PLEASE CONTINUE TO MAKE YOUR PAYMENTS UNTIL YOU RECEIVE WRITTEN NOTIFICATION OF THE EFFECTIVE DATE OF THE FIRST AUTOMATIC DEBIT.

Name(s) _____ Home Phone _____

Unit Address _____ Work Phone _____

Mailing Address (if different) _____ (Street Address) _____ (City) _____ (ST) _____ (Zip) _____

Date _____ Signed _____



SOUTHBRIDGE



Single-Stream Recycling YES!

IN THE BIN



- Plastic Bottles & Jugs
- Metal Food Containers
- Glass Bottles & Jars
- Aluminum Cans



- Junk mail
- Magazines
- Office paper
- Catalogs
- Envelopes
- Newspapers
- Phone Books
- Cereal & Cracker Boxes
- Flattened Cardboard

YES AT THE CURB



- Grass
- Brush
- Leaves

Recycle NO!



- Yogurt, Dairy Tubs
- Plastic Bags
- Styrofoam
- Plastic/Foam Food Containers and Trays
- Aluminum Foil & Trays
- Pizza Boxes
- Hard Back Books
- Paper Plates & Napkins
- Lids, Caps, Tops
- Ceramics
- Light bulbs
- Prescription Vials
- Cookware
- Alkaline Batteries



NO AT THE CURB



- Propane Tanks
- Rocks
- Bricks
- Logs over 6 inches

703.368.0500
www.american-disposal.com





CLASSIFIED ADS

FOR SALE

Dining Room Table with 4 chairs solid oak in great shape. Comes with leaf for additional seating. \$400.00

Living Room Furniture Moss color, sofa, loveseat, chair, ottoman, 2 end tables, 2 lamps, book case, entertainment center, coffee table \$1200.00 **703-221-2024**

Rollerblades for Sale.

K-2 Size 9.5
Used but in good shape.
\$25.00 or best offer.
703-441-2796

Graco Pack & Play with bassinnet. Excellent condition \$40. Nike Ignite 003 putter \$25. Smoke Free Home. **703.441.0616** or **sonnyzgirl1066@hotmail.com**

ARTIST

Tim Giles is a self-taught artist who has turned his passion into a business. Some of the scenes he has captured on canvas are the result of his extensive travel overseas. Please visit his site, www.timgilesfroartsandcrafts.com, and make your purchase! Interested in hosting a show, call **703-445-6331**.

CAR / VAN POOL

Wanted: Rider/driver to share car pool from Woodbridge to West Side DC. Work hours 8-4:30 Mon-Fri. Leaving Southbridge 6:45 AM. Arrive home between 5:30-6PM depending on traffic. Please call Nancy at **703-282-8132** for details if interested.

CHILD CARE

(Listing here does not constitute any guarantee or liability on the part of Southbridge)

Nanny's Loving Day Care Center is open for children aging from infants, toddlers to 12 years old. I am Licensed and CPR Certified. Currently, enrolling for the summer school kids. Please call me, Delores Sanford directly at **703-441-6340** or **571-214-9128**.

Senior at GMU looking to babysit. Experience stems from babysitting, being a private nanny, teaching Sunday school, piano lessons and serving the county as a substitute teacher. I have a lot of experience with children of all ages- mostly with infants and toddlers.
cgillis@gmu.edu 571.269.7296

CHILD CARE

(Listing here does not constitute any guarantee or liability on the part of Southbridge)

Babysitting in My Home Stay home mother looking for kids-toddlers (from 2 years old and up) to sit at my residence. Will provide snacks and lunch. Very reasonable rates but only looking for 2 kids. Call Roslyn at 703-221-0666

The Wonderland Home Day Care
Quality Child Care Provider
Ages: Birth to 5 Years
Hours: 6:00AM-6:30PM
Call Tutu 703-717-5672

Need a night out from the kids?
Experienced, Red Cross CPR certified teenager will babysit in your home!

Please call **703-989-8426** or email at **costrosky@comcast.net**

Faith Academy Home Daycare
703-441-3285 Children develop and learn in a loving, enriched environment at their own pace. I offer Daily Schedule, Center Time, Literacy, Math, Art, Creative Play, Music & Movement, Nutrition Meals and more. Open 24 hours and receive children birth to 12 years of age.

Precious Moments Daycare
In home provider. State licensed, MAT certify, currently accepting enrollment from ages of 12 months to 13 yrs of age.
CONTACT info:
703-441-1266 or **703-868-3917**

Kiddie Korner's Daycare
State licensed, CPR / First Aid certified, family environment, Fannie W. Fitzgerald school zone.
Ages 6weeks-12yrs,
Hours 5:30am-7pm
Monday-Saturday
Contact **Pam 703-580-1823**
Email: **Pam1823@gmail.com**

CONCIERGE SERVICES

Let me do your running around for you! School is starting and lives are getting more hectic. Some of you are housebound and need some extra help. Let me do your errands for you so YOU can tend to your other obligations. Call Dawn **703-863-3583** or **snapdr2905@hotmail.com**

FINANCIAL PLANNING

JOHNSON-GRAY FINANCIAL SERVICES
"A Financial Plan for a Hopeful Future"

For a FREE Financial Freedom Consultation, contact Sherri Gray at 703-628-8968 or sherrigray@verizon.net.

HOME BUSINESS

Beauty on a budget! Skincare packed with multiple benefits. Special offers, free samples, free makeovers, and expert tips. Shop at your convenience with my personal delivery. Contact me today!
www.marykay.com/lynellen
703-472-5251 Lynellen Perry,
Mary Kay Independent Beauty Consultant

Southbridge Consumer Buyer Association Join your local consumer buyer association online petition today at www.ratebreaks.com. Receive group discounts on just about every service or product you use. Stop buying as an individual and buy as a group now! Contact Adam Wynn by phone at 202.330.8507 or by email at **adamwynn@ratebreaks.com**
This company is not associated with nor is this ad endorsed in any way by Southbridge Community Association

Shop **AVON** at home or office 24/7 with personal or direct delivery at <http://youravon.com/tamishkaharris>

Send requests for free brochures, coupons and samples to **tamishka2005@yahoo.com**.
Call **703-244-7553**
TaMishka Harris,
Avon Independent Sales Representative

HOME BUSINESS

Want to save \$300 or more a month on your grocery bill? Call **Margie Creighton, Tupperware Director, at 703-441-8769**. Tupperware specializes in saving busy people time, space and lots of money! Mention this ad for a free gift!

Shop AVON at home or office 24/7 with personal or direct delivery at **www.youravon.com/dwilliams9170** Send requests for free brochures, coupons and samples to **denise-events@usa.net**. Call **703-629-1706** Denise Williams, Avon Independent Sales Representative

Beautiful and Affordable Wedding Flowers
Please contact Patricia at **703-283-8371**

HOME IMPROVEMENT

Receive solutions to all of your home improvement needs today! We can do it all. No job is too big or too small. We can provide the lowest rates in town and still provide the best workmanship. Contact Wayne Shorter by phone at **571.221.0204** or by email at **wayneshorter@ratebreaks.com**.

INTERIOR DESIGN

Sirginho Interior Design & Weddings
Planning an event
Call **571-221-5991**

PAINTER

Fred's Finest Painting-Paint Interior & Exterior. Wallpaper Removal. Powerwash homes, decks and deck staining. Minor wood repair. Licensed & insured. FREE estimates. **Bus.- 703-878-4872**
Cell-703-966-7030 12-09

PET SITTING

*Licensed, Insured and Bonded Services: Mid-day dog walks, potty breaks, pet sitting, and overnight stays.
Contact Nicole at **703-910-7352** or **nicole@aliceandlolas.com**





CLASSIFIED ADS



REAL ESTATE

Southbridge exclusive community real estate web site for selling, leasing and property management. Giving home owners more property exposure and one source for buyers who would like to make Southbridge there home. Here you will find Southbridge finest real estate for sale or lease and learn more about the community. Visit us online at www.SouthbridgeCommunity.com

*****This company is not associated with nor is this ad endorsed in any way by Southbridge Community Association*****

VENDOR FAIR

2009 VIRGINIA ARTS MARKET HANDMADE WORKS BY LOCAL ARTISTS

Greeting Cards, Jewelry, Drawings, Sculpture, Rag Dolls, Homemade Chocolates, Embroidery, Hair adornments

When: October 3, 2009

Where: Southbridge Community Center

17325 River Ridge Blvd,
Southbridge, VA

Time: 12 noon - 6 p.m

For questions & information email Ms. Tennon @ jhtennon@aol.com

SOUTHBRIDGE HOME PARTY SHOW

WHEN: NOVEMBER 7, 2009

WHERE: SOUTHBRIDGE CLUBHOUSE

TIME: 11:00 AM—2:00 PM

If you have a home based business this show is for you. You don't have to go somewhere to have a "party". We will provide the venue for you. We will provide a table and 2 chairs for you to set up your product. We can accommodate approximately 12 vendors per show. This is on a first come, first served basis. We allow one vendor per company.

We have had direct marketing types of vendors (e.g Tupperware, Tastefully Simple, Avon, Mary Kay and the like). If you would like to showcase your family oriented, home based business on November 7, 2009 from 11:00 AM until 2:00 PM please email

activities@southbridgeva.us

or contact our Management Office at **703-221-7716**. Please supply your name, address, telephone number and an email address. **Vendors MUST be residents of Southbridge.**

TUTORING

Elementary and Middle School in home tutor. Peace and Learning is a Christian owned company that specializes in your child specific need. Our tutors bring fun and understanding to a boring work load. Reasonable prices. References available upon request. **703-439-0306**



The Southbridge Star Advertising Rates

ADVERTISING RATES

Full Page (vertical ad)	\$200.00
Half Page (vertical or horizontal ad)	\$110.00
Quarter Page (vertical ad)	\$65.00
Eighth Page (vertical or horizontal) (Business Card size)	\$40.00

All Commercial and/or Graphic Ads

Must Be Submitted in

Microsoft Publisher or JPEG Format.

Classified Ads

(Residents) FREE (50 words or fewer)

(Non-Residents) \$5.00 (25 words or fewer)

The Communications Committee and/or managing agent will review all advertisements prior to acceptance for appropriateness in a family oriented newspaper. Listing here does not constitute any guarantee or liability on the part of Southbridge.

The complete advertising policy, including ad sizes can be found on our web site at <http://southbridgeva.us/>

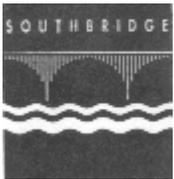
For further information please email:

thestar@southbridgeva.us

Advertisements placed in this newsletter should not be considered endorsement by this community, its association, nor its representatives.



HAVE A WONDERFUL SUMMER MAKE IT A SAFE ONE



Southbridge Community Association
17325 River Ridge Boulevard
Southbridge, VA 22026